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of Bogle to Tibet and the journey of Manning to Lhasa, he also collected for the volume all that was known of the geography of that country and of the geographical work done there up to that time. This well-known work has since then been the best book of reference in matters relating to Tibet for the period covered. Mr. Sandberg's book not only supplements Markham's volume for the later years, but also remedies its deficiencies by the use of material that existed, but was not accessible, when Markham wrote.

The book is a concise exposition of the geography and exploration of Tibet from the travellers of the Middle Ages (who brought news of the country, though they did not enter it) to the British expedition of last year. The author had special advantages for treating such phases of the work as the explorations of the Indian surveyors; and he gives more space than has hitherto been done in English to narratives of travel that are least known to the public, such as the annals of the Capuchin missions of the eighteenth century. One of these recitals, recording the journey to Lhasa and residence there of one of the missionaries, was discovered in an Italian library three years ago, and now first appears in English.

Chronological order has been strictly observed in this very painstaking summary, which may be welcomed, not only as a complete source of reference, but also as a readable and connected history of an important chain of events. The map is a good one, though its accurate information is rather crudely presented, and it lacks some desirable details supplied by the special map of the Royal Geographical Society.

"Verb. Sap." on going to West Africa, Northern and Southern Nigeria and to the Coasts. By Alan Field. 166 pp., Illustrations, Map and Index. John Bale, Sons & Danielsson, Ltd., London, 1905. (Price, 2s. 6d. net.)

A chatty little volume, giving the results of experience as to the outfit for a white person who is going to the west coast of Africa, and the kind of life he should lead there to diminish the climatic dangers. The book is undoubtedly of practical importance to those who go on this journey. The white races are just beginning to understand the art of outfitting for these regions and of living in them. Among the thousand-and-one hints in this small book some are likely to be of priceless value to white strangers in West Africa.

Incidentally much information is given about those countries. The author says Sierra Leone is pronounced as though spelled Salleone; and the names of some of the coast towns, as Accra, Grand Bassam, and Axim, have the emphasis on the last syllable.

Souvenirs Entomologiques. Études sur l'Instinct et les Mœurs des Insectes. (Neuvième Série.) Par J. Henri Fabre. 375 pp. and Illustrations. Librairie Ch. Delagrave, Paris, 1904 (?). (Price, 3.50 fr.)

This is the ninth volume in a series of studies of the instinct and habits of insects which has achieved general popularity in France, and has earned as well the commendation of entomologists. The author has a gift of patient observation and a pleasant way of telling of the discoveries that may reward the weeks and months spent in studying the animals of a single species. The daily life of some kinds of spiders, beetles, scorpions, and other insects is described in the present volume.